

### **TESTIMONY**

During the three months of the residence, I confirmed the feeling of wellness that the hikes into the woods can provoke and I revalued the mountain lifestyle; not only contemplate the impressive landscape, its smells or its changes from one season to another, but also consider being an more active part of the rural community.

Stay immersed in the atmosphere of a mountain village was very stimulating in order to develop my project which was concerned about the nature and the weather.

As an outdoor photographer, the warm atelier of ArtBellwald surrounded by lovely wooden facades, the art and crafts in the next doors and embraced by the fog as usual was the ideal workspace for the editing process and for the meditation after a long day outside.

Definitely, spend some time in a quiet place is good and necessary in terms of introspection and I enjoyed it.